

Remote Patient Monitoring (RPM)

What is it?

- Enables providers to monitor patients outside of clinical setting
- Increases access to care & reduces Urgent/ER care visits
- RPM recognized by CMS as an integral part of healthcare

Why is it relevant now?

 CMS - Centers for Medicare and Medicaid Services implemented new CPT (Common Procedural Terminology) codes specifically for RPM and chronic care management on Jan. 1, 2020



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Benefits of RPM

Visualize Health Trends

Improve Patient Health

- 13% improvement in overall patient health
- 8% reduction in A1c levels
- Less visits for chronic conditions
- Patients can save money

CMS Findings - Support Initiation of New Codes

- 72% reduction in hospital readmissions
- 25% report greater patient satisfaction

Generate Additional Revenue

- 17% cite quantified cost reductions
- New billing codes generate significant monthly revenue



The Medek RPM Platform

One-source turnkey monitoring solution

- Secure HIPAA-compliant iPad or computer-based platform to review patient data
- Meets RPM requirements for Medicare billing
- Medek clinical staff monitors patient data & alerts the patient accordingly based on the Provider's parameters
- Sends reminder texts encouraging patient usage

Supported RPM Devices

- <u>Blood Pressure Cuff</u>: Hypertension, Coronary heart disease,
 Heart failure, COPD, Renal failure, Diabetes
- <u>Blood Glucose Monitor</u>: Diabetes, Renal Failure, Hypoglycemia, Liver Disorders
- <u>Pulse Oximeter</u>: COPD, Emphysema, Asthma
- Scale: Obesity, Renal Failure, Pulmonary Edema

All hardware comes with an internal SIM card for the convenience of the patient; they simply use the RPM device as instructed & their data is visible in the Medek RPM portal for the provider and/or Medek clinical staff to review



RPM Made Easy

4 Simple Steps

1. Provider enrolls qualified
patient; patient takes home
or is mailed RPM device

2. Patients uses device

3. Patient data visible in Medek RPM platform

4. Provider reviews data and bills Medicare

Conditions:

COPD
Asthma
Congestive Heart Failure
Diabetes
And more

<u>Device examples:</u>

Pulse Oximeter
Digital scale
Blood glucose monitor
Blood pressure cuff

Data measured:

Heart rate
Weight
Blood pressure
Blood glucose
Pulse oximetry

Codes:



Sample Proforma*

Amount the Provider can bill CMS

CPT Code	Description	Reimbursement Revenue/ patient	Billing Frequency	Enrolled Patients*	Annual Billable Amount
99453	Initial set-up & patient education	\$19.46	One time	200	\$3892.00
99454	The implemented technology: Device supply, alerts, & recordings	\$64.15	Monthly	200	\$153,960.00
99457	First 20 minutes of monitoring and treatment management; base code. Requires monthly LIVE interaction by prescribing clinician (phone call, visit, etc.)	\$54.54	Monthly	200	\$130,896.00
99458	Additional 20 minutes; add-on code to 99457**	\$42.20	Monthly	20	\$10,128.00

Assumptions:

*200 qualified & enrolled patients

**10% of patients require an additional 20 minutes

Provider can bill for: **\$298,876.00**

A practice can be eligible to receive anywhere from 71-89% of what they bill for depending on their MIPS score

What You Get for a Low Monthly Fee....

- ZERO UP-FRONT COST no hardware to buy, no immediate payment due, no minimum/maximum to get started!
- We can enroll & obtain patient consent on your behalf
- Ship directly to your patients home (or your office) as needed 1
 RPM hardware device included
- Secure, HIPAA compliant portal for data review
- Support & education for practices on the portal & hardware
- All devices are sim-enabled; no other equipment/WiFi/Bluetooth
- We manage hardware no cost/liability to you or patient
- Optionally, Medek clinical staff can review your patients data 1st
 20 minute period at no charge Additional 20 minute blocks
 billed at additional charge
- Alerts to patients text compliance reminders, health data out of range; advising them to call their doctor
- Doctor alerts when patient health data out of range
- And, ME, your personal account manager to assist you and your staff ALWAYS! You are not just a number, you are part of our Medek family



